

Gluten Free Menu

BAR BITES & STARTERS

- Mixed black & green olives & pickles 3.50
- Crackling with apple sauce 3.50
- Stuffed mushrooms with mozzarella, sundried tomatoes, pine nuts & basil 5.95
- Chicken liver & brandy pate with red onion marmalade & gluten free toast 5.95
- Superfood salad: quinoa, sunflower seeds, sweet potato, spinach, edamame beans, avocado, coriander & pomegranate seeds 5.50/9.50
- Add halloumi 1.95

MAINS

- Grilled haddock, chips & homemade tartare sauce 12.95
- Grilled market fish, chips & homemade tartare sauce (market price)
- 8oz Beef burger, bacon & cheese in a gluten free bun served with chips 12.95
- Pan fried chicken breast with mash & seasonal vegetables 13.95
- Hand carved honey roast ham, two free range eggs, peas & tomato 10.95
- Veggie steak & chips – mozzarella, pine nut & herb stuffed mushroom with chips, grilled tomato, onion rings & rocket 11.95
- Caesar salad - cos lettuce, croutons, parmesan shavings, egg, anchovies & Caesar dressing 9.95 Add chicken 2.95

The below dishes are available between 12 - 2:30pm & 6 - 9:30pm

- Chicken breast wrapped in parma ham with dauphinoise potato, caramelised shallots & crushed peas 14.95
- Calves' liver & bacon with creamy mash, onions, seasonal vegetables & gravy 14.95
- Pea & broad bean risotto 11.95 Add chicken breast 2.95
- 8oz RUMP STEAK 14.95 10oz RIB EYE STEAK 19.95
- Served with chips, tomato, mushroom & rocket

DESSERTS All 5.95

- Gluten free chocolate brownie
- Lemon posset
- Banana split - banana, chocolate, vanilla & strawberry ice cream, whipped cream, chocolate sauce, chopped nuts & glace cherry
- Black Bomber cheddar, brie & stilton, gluten free toast, celery, grapes & chutney

2 FOR 1 ROASTS
MONDAYS

2 FOR 1 FISH
TUESDAYS

2 FOR 1 CLASSICS
WEDNESDAYS

THURSDAY
GRILL NIGHT
2 GRILL MEALS &
BOTTLE OF WINE 29.95

Dairy Free Menu

BAR BITES & STARTERS

- Mixed black & green olives & pickles 3.50
- Crackling with apple sauce 3.50
- Basket of bread crumbed whitebait 6.50
- Chicken satay skewers with peanut sauce & Oriental salad 6.50
- Superfood salad: quinoa, sunflower seeds, sweet potato, spinach, edamame beans, avocado, coriander & pomegranate seeds 5.50/9.50

MAINS

- Grilled haddock, chips & homemade tartare sauce 12.95
- Grilled market fish, chips & homemade tartare sauce (market price)
- 8oz Aberdeen Angus beef burger with bacon served with chips 12.95
- Pave of teriyaki salmon with Asian greens, noodles, honey soy dressing & toasted sesame seeds 14.95
- Ham, eggs & chips with grilled tomato & garden peas 10.95
- Superfood salad: quinoa, sunflower seeds, sweet potato, spinach, edamame beans, avocado, coriander & pomegranate seeds 5.50/9.50
- Pan fried chicken breast with Moroccan cous cous & mixed side salad 11.95

The below dishes are available between 12 - 2:30pm & 6 - 9:30pm

- Calves' liver & bacon with new potatoes, onions, seasonal vegetables & gravy 14.95
- 8oz RUMP STEAK 14.95 10oz RIB EYE STEAK 19.95
- Served with chips, tomato, mushroom & rocket

DESSERTS All 5.95

- Jam sponge
- Three scoops of lemon sorbet

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MONDAYS**

**2 FOR 1 FISH
TUESDAYS**

**2 FOR 1 CLASSICS
WEDNESDAYS**

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